

THE DAILY OFFICES

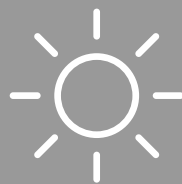
THE ANCIENT

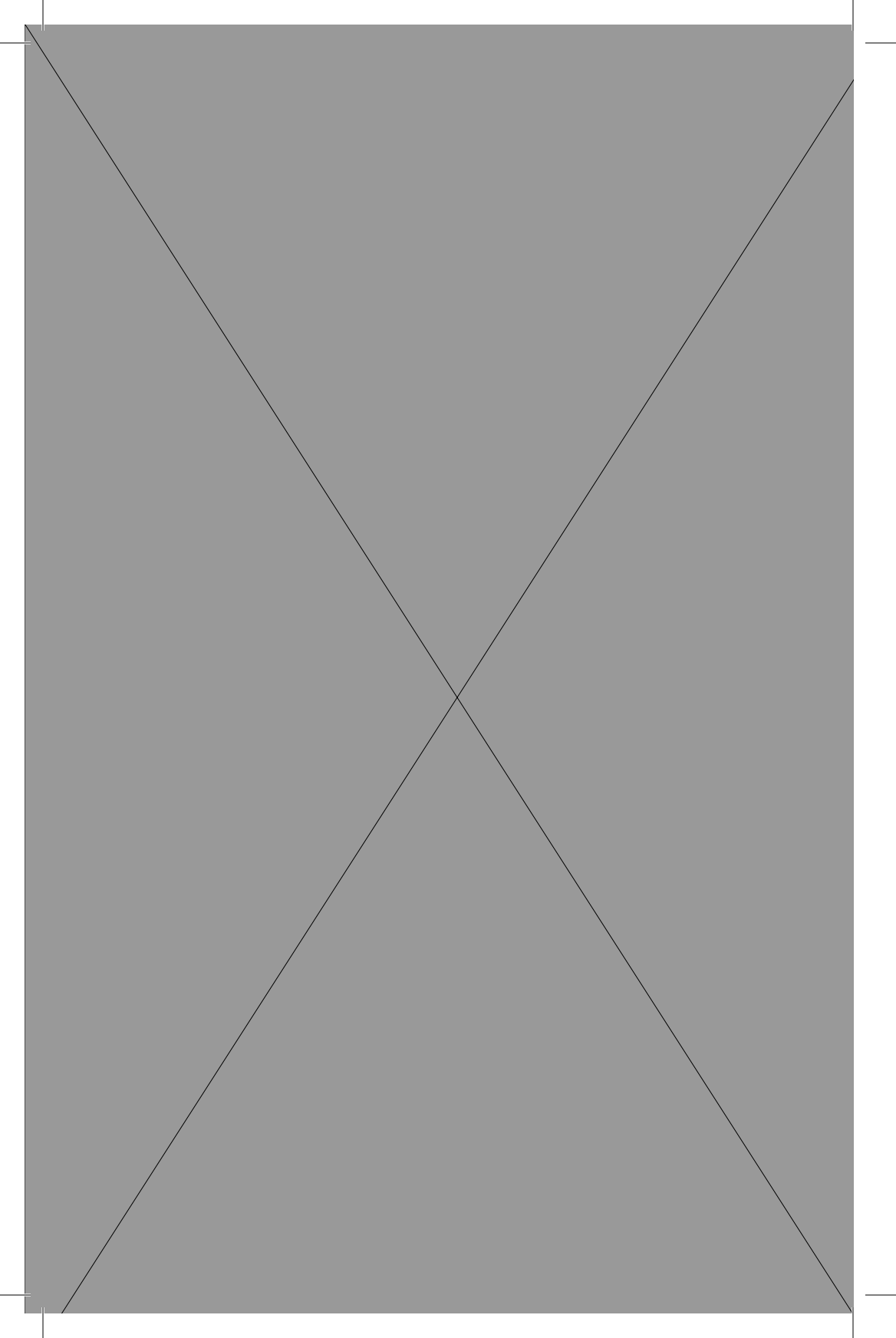
PRACTICE

OF

MORNING AND EVENING

PRAYER





WHAT IS THIS BOOK?

Anglicans are known as people of two books. The first is The Bible. The second is The Book of Common Prayer (BCP). The BCP contains a breathtakingly rich heritage of worship and prayers that connects the church of today with the church of the past. Whether it's communion service, ordination(s) or ordination services, or the offices of morning and evening prayer — each is robustly biblical containing the very best representation of how the church has worshipped throughout history.

The Anglican heritage is not best known for the doctrinal formularies it has passed down throughout the ages (although the 39 Articles are remarkable and the defining theological statements of our own community). The Anglican heritage, rather, is located in its book of worship. It is through the services and prayers contained therein that one learns the essential doctrines of the Anglican Church: the supremacy and centrality of the Bible, justification by grace through faith, the substitutionary atoning death of Jesus Christ, and the episcopal synodical form of church governance. However, if you have ever picked up that little red book known as The Book of Common Prayer, you know that it can be an overwhelming experience. It is not an Apple product. It's not simple, intuitive and easy to use right out of the box. The BCP requires discipline and practice. In our age of instant gratification, we tend to avoid practices — let alone spiritual practices — that involve a steep learning curve coupled with the need for persistent commitment. But if we cave in to the spirit of our age, we in turn miss out on one of the most phenomenal offerings of our Anglican heritage. So what are we to do?

This little booklet in your hands is a stepping stone. We have taken the Forms of Prayers to be used in Families (found in the back of the BCP) and tailored them into a user-friendly form of The Order of Morning and Evening Prayer. Our goal in doing this is to offer the BCP as a tool for prayer that can be intuitively and easily utilized. This booklet will allow you to take either a dip in the shallow end, or dive into the deep end of the ancient Daily Prayer Offices. These offices (or forms of prayer) have shaped and enriched Christian prayer and worship for centuries. We must stress that even though the format of this spiritual resource is accessible and full of promise, a persistent commitment is still required. The benefits of the Daily Offices are only discovered through the consistent and enduring investment of time and energy. But the results are immeasurable: a robustly biblical and worshipful experience of Christ's glory in the morning and evening — over and over again! So, come! Take a dip until you're ready to dive in with us!

HOW TO USE THIS BOOK

This book contains two services of prayer: Morning and Evening. Each has unique content, corresponding to the time of day. Both services are divided into three parts.

By way of introduction, lets briefly consider Morning Prayer. On any given morning, you begin with Part One. Once you work through its contents, turn to the corresponding day (Monday thru Saturday) in Part Two. From this point, you conclude with Part Three. Part One and Part Three are the same every day. Part Two rotates, according to the day of the week. Easy enough!

The Three Parts come together to make the whole. However, we have also deliberately designed each part to stand on it's own. If you're ever pressed for time, you can pray Part One on it's own. When you have more time, and want to engage with Scripture, you can incorporate Part Two (or use it on its own). Part Three provides space for focused intercession for other people.

In an ideal world you consistently pray through the entire service of prayer, every morning and evening. Setting aside a consistent time and place will make all the difference.

The Morning service readies us for the day, inviting us to intercede for one another (and the city and world) as we do so. The Evening service is more reflective, looking back on the day. To this end, it creates space to repent of our sins and to give thanks for how God has been faithful to us. Each prayer service contains a number of different elements:

THE INVITATION We begin our prayers as people invited into God's presence. The invitation helps

to open ourselves to the Gospel. It aids us in becoming aware and mindful of God's presence.

LORD'S PRAYER When Jesus guided his disciples in praying, he taught them what we now call the Lord's Prayer. It is only right to begin our daily prayers with Jesus' instruction.

COLLECTS Collects gather our individual prayers together as one. The term "collect" denotes a prayer which assists us in collecting our thoughts for intercession and thanksgiving. They affirm God's character and lead us to pray in light of who God is.

PSALMS The psalms have taught God's people how to pray for several millennia. St. Augustine called them "the school of prayer." There will be times when a psalm doesn't match or connect with your immediate experience. That's okay! It may be expressing someone else's experience; it may even be your experience one day. So, let the Psalms prepare you to respond to God with a full range of emotion, based on life's ups and downs.

SCRIPTURE READING Every morning and evening service includes readings from the Bible. Our reading plan will take you through the most of the Bible in a year (turn to p. 26 for more details).

DWELLING Dwelling is rooted in the ancient Christian practice of lectio divina. This is a way of reading the Bible slowly, contemplatively, and leisurely. It is a mode of reading that does not seek information. Rather, it desires to hear the personal address of God. Dwelling assumes that prayer is a two-way conversation. It enables us to dialogue with Jesus by hearing, listening, and responding to the Word.

INTERCESSION & GIVING THANKS In this prayer book, intercession takes place in the morning, and thanksgiving is done in the evening. We begin our day asking God for the needs and concerns of our church, city and world; as well as our personal needs. This is a crucial prayer practice in an age of isolation, hyper-individualism, and self-sufficiency. We end our

day by giving thanks both as an expression of gratitude and way of cultivating gratitude.

CONFESSION God asks us to be honest with him, sharing the areas of our lives where we have sinned and are subject to passing or chronic brokenness. Confession is an opportunity to share our failures, shortcomings, struggles, and sin. It is a time to lay our neediness—and the shame it often causes—before our Maker. In confession we ask for God's compassion through Jesus Christ. The practice of confession reminds us daily that we all have need of God's mercy and forgiveness. After reading the prayer of confession, pause to bring specificity to this prayer as may be relevant to your circumstances. Reflect on your day, that confession may become an expression of your heart.

PARDON THROUGH THE CROSS

In confessing our sins, the point is not to park in guilt or shame but to open ourselves up to the grace of God. The prayer for absolution affirms our trust in Jesus. It gives concrete expression to the Gospel, namely that even at our worst, he loves us and is working for our good. Christ has given the Church authority to declare the forgiveness of sin to all who truly turn to him.

DOXOLOGY These words were penned in 1674 by Thomas Ken. They anchor us in the reality that our only proper response to God is worship and praise. Don't just read it; sing it aloud!

BENEDICTION God always gets the last word in our worship. First, God blesses us. Then God sends us out into the world, to live a life that reflects his love, mercy, and truth.

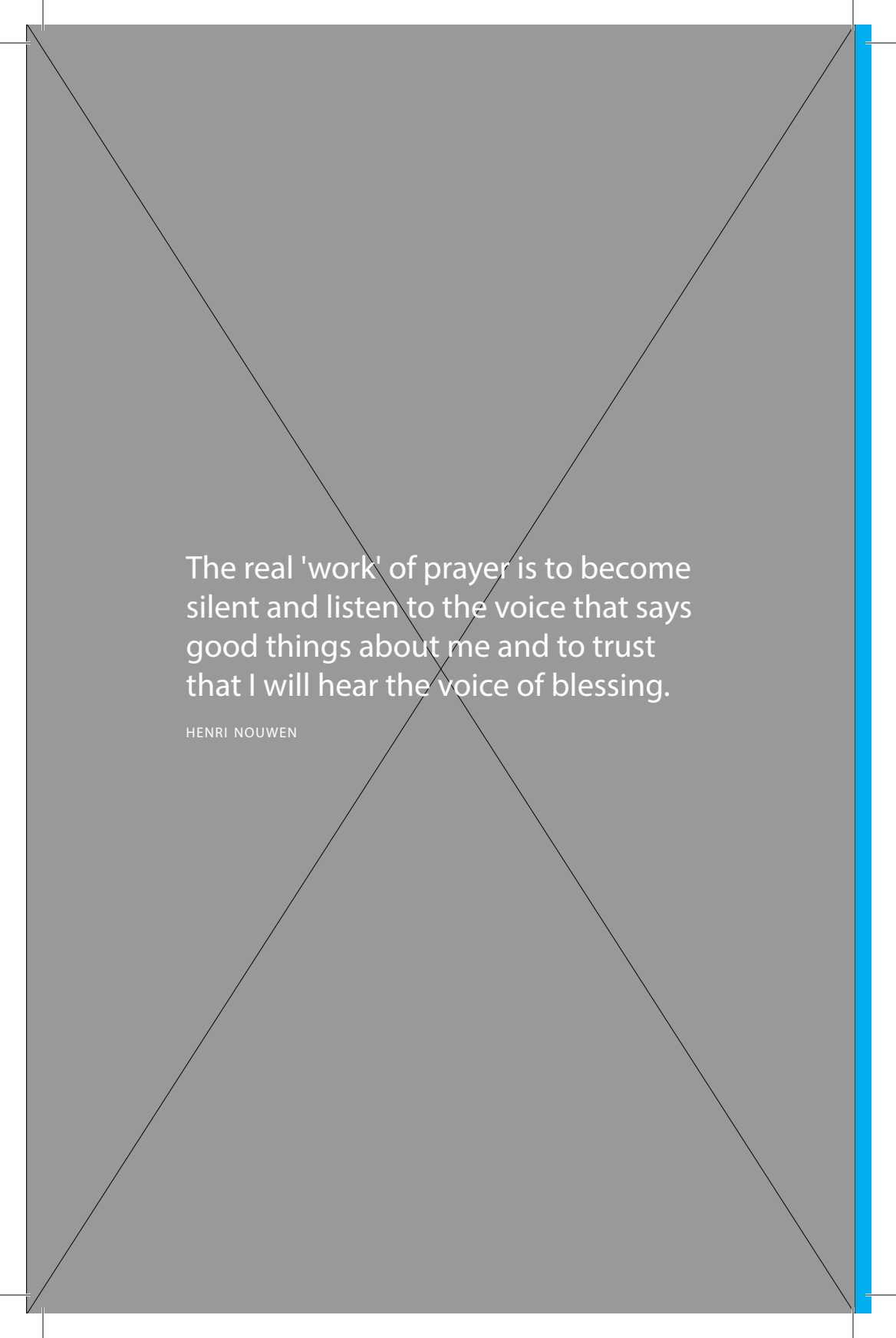
QUIET Sometimes we need to slow down and be still instead of rushing in order to "get things done." When you see the word Quiet, be still for a moment and remember that Christ abides in you as you abide in him.

PRAYING SET WORDS

You may not be accustomed to a way of praying that involves pre-set words. Don't write it off before giving it a try! Think of these prayer services as an extended conversation with God. The Anglican divine, William Law, offers a helpful way of seeing this, "Christians ought to use forms of prayer at all the regular times of prayer. It seems right for every one to begin with a form of prayer. If, in the midst of her devotions, she finds her heart ready to break forth into new and higher strains of devotions, she should leave this form for awhile and follow those fervors of her heart, till it again wants the assistance of her usual petitions."

May you find Morning and Evening Prayer to be helpful springboards and not irksome structures. We are confident that this prayer resource will serve you well—for closer identification with Christ—as it has countless Christians in centuries before our own.

Godspeed.



The real 'work' of prayer is to become
silent and listen to the voice that says
good things about me and to trust
that I will hear the voice of blessing.

HENRI NOUWEN

MORNING PRAYER



Every Morning

MORNING PRAYER PART ONE

INVITATION

"I shall behold your face in righteousness; when I awake, I shall be satisfied with your likeness."

Psalm 17.15

Quiet

Jesus, my Lord and my God:
With this new dawn, I seek you.
In the morning, I call out to you:
Guard and guide my steps this day.

LORD'S PRAYER

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done,
on earth as it is in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
For yours is the kingdom, and the power,
and the glory forever and ever.
Amen.

MORNING COLLECT

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and forever.
Amen.

PSALM

Open your Bible to the Psalms, and choose a Psalm.
You can choose them at random, or read them
sequentially through the year. However, don't
just read the Psalm. Pray with the Psalmist!

Monday

MORNING PRAYER PART TWO

SCRIPTURE READING

Read your passage for this Monday morning.
Don't rush! This is God's Word!

DWELLING

Slowly read the passage again, out loud. Reflect on what this passage tells you about God. Spend some time talking to God about what stood out to you.

COLLECT

God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

PRAY FOR THE FLOURISHING OF THE CHURCH

- For our pastors, our ministry team, our interns, and our Council
- For our church to embody being prayerful disciples of Jesus, gripped by the Gospel, living for God's glory
- For purity, a heart for others, an eagerness to serve, grace for all stages of life, and freedom from sin
- For a growth in Christ-centred community in our church and for the growth of our home groups

PRAYER LIST

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Jan 1	Jn 1
Jan 8	Jn 13
Jan 15	Gen 4
Jan 22	Gen 16
Jan 29	Gen 28
Feb 5	Gen 40
Feb 12	Rom 2
Feb 19	Rom 14
Feb 26	Ex 10
Mar 5	Ex 22
Mar 12	Ex 34
Mar 19	Acts 6
Mar 26	Acts 18
Apr 2	Deut 2
Apr 9	Deut 14
Apr 16	Deut 26
Apr 23	Mk 4
Apr 30	Mk 16
May 7	Judg 12
May 14	1 Cor 3
May 21	1 Cor 15
May 28	2 Cor 11
Jun 4	Esth 6
Jun 11	2 Pet 3
Jun 18	1 Sam 4
Jun 25	1 Sam 16
Jul 2	1 Sam 28
Jul 9	2 Sam 9
Jul 16	2 Sam 21
Jul 23	Mt 9
Jul 30	Mt 21
Aug 6	1 Kings 5
Aug 13	1 Kings 17
Aug 20	2 Kings 7
Aug 27	2 Kings 19
Sep 3	Gal 6
Sep 10	Col 2
Sep 17	Dan 10
Sep 24	1 Tim 2
Oct 1	Isa 4
Oct 8	Isa 16
Oct 15	Isa 28
Oct 22	Isa 40
Oct 29	Isa 52
Nov 5	Isa 63
Nov 12	Heb
Nov 19	Titus 2
Nov 26	Ecc 10
Dec 3	Lk 10
Dec 10	Lk 22
Dec 17	Hos 10
Dec 24	Rev 10

Tuesday

MORNING PRAYER PART TWO

Jan 2	Jn 3
Jan 9	Jn 15
Jan 16	Gen 6
Jan 23	Gen 18
Jan 30	Gen 30
Feb 6	Gen 42
Feb 13	Rom 4
Feb 20	Rom 16
Feb 27	Ex 12
Mar 6	Ex 24
Mar 13	Ex 36
Mar 20	Acts 8
Mar 27	Acts 20
Apr 3	Deut 4
Apr 10	Deut 16
Apr 17	Deut 28
Apr 24	Mk 6
May 1	Judg 2
May 8	Judg 14
May 15	1 Cor 5
May 22	2 Cor 1
May 29	2 Cor 13
Jun 5	Esth 8
Jun 12	1 Jn 2
Jun 19	1 Sam 6
Jun 26	1 Sam 18
Jul 3	1 Sam 30
Jul 10	2 Sam 11
Jul 17	2 Sam 23
Jul 24	Mt 11
Jul 31	Mt 23
Aug 7	1 Kings 7
Aug 14	1 Kings 19
Aug 21	2 Kings 9
Aug 28	2 Kings 21
Sept 4	Eph 2
Sept 11	Col 4
Sept 18	Dan 12
Sept 25	1 Tim 4
Oct 2	Isa 6
Oct 9	Isa 18
Oct 16	Isa 30
Oct 23	Isa 42
Oct 30	Isa 53
Nov 6	Isa 65
Nov 13	Heb 11
Nov 20	Philemon
Nov 27	Ecc 12
Dec 4	Lk 12
Dec 11	Lk 24
Dec 18	Hos 12
Dec 25	Rev 12

SCRIPTURE READING

Before you read your passage for this Tuesday morning, remember: The Scriptures are no ordinary words, they are God's Word.

DWELLING

Leisurely read the passage again. Is there a word or idea that stuck with you? Take a moment to talk to God about it and to rest in his presence.

COLLECT

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries, through the might of Jesus Christ our Lord. Amen.

PRAY FOR THE REDEMPTION OF OUR CITY

- For the business sector of our city and our economic leaders and influencers
- For our city's non-profit sector and all those who seek justice and mercy for the marginalized
- For Jericho Road, the Salvation Army and Ottawa Inner City Ministries
- For our institutions of learning within the city, such as: uOttawa, Carleton U, Algonquin College, Ryle Seminary and others

PRAYER LIST

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Wednesday

MORNING PRAYER PART TWO

SCRIPTURE READING

Before you read your passage for this Wednesday morning, thank God for revealing himself through the written Word of Scripture.

DWELLING

Read the passage again, perhaps out loud. Reflect and meditate on what has connected with your heart and mind. Pray to God about what has moved you today. Turn your thoughts to him and enjoy his presence.

COLLECT

O Lord our Heavenly Father, by whose providence our duties and labours are variously ordered: grant to each of us a desire to undertake our work with diligence and integrity, serving one master and looking for one reward. Teach us to put to good use whatever talents you have lent us, and enable us to conduct ourselves with patience, zeal, and generosity; though Christ our Lord. Amen.

PRAY FOR JUSTICE IN OUR GOVERNMENT

- For our provincial and municipal government, our premier and mayor, and all who work alongside them
- For our national government and our Prime Minister Justin Trudeau
- For the Queen – God save the Queen!

PRAYER LIST

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Jan 3	Jn 5
Jan 10	Jn 17
Jan 17	Gen 8
Jan 24	Gen 20
Jan 31	Gen 32
Feb 7	Gen 44
Feb 14	Rom 6
Feb 21	Ex 2
Feb 28	Ex 14
Mar 7	Ex 26
Mar 14	Ex 38
Mar 21	Acts 10
Mar 28	Acts 22
Apr 4	Deut 6
Apr 11	Deut 18
Apr 18	Deut 30
Apr 25	Mk 8
May 2	Judg 4
May 9	Judg 16
May 16	1 Cor 7
May 23	2 Cor 3
May 30	Ruth 2
Jun 6	Esth 10
Jun 13	1 Jn 4
Jun 20	1 Sam 8
Jun 27	1 Sam 20
Jul 4	2 Sam 1
Jul 11	2 Sam 13
Jul 18	Mt 1
Jul 25	Mt 13
Aug 1	Mt 25
Aug 8	1 Kings 9
Aug 15	1 Kings 21
Aug 22	2 Kings 11
Aug 29	2 Kings 23
Sep 5	Eph 4
Sep 12	Dan 2
Sep 19	1 Thess 2
Sep 26	1 Tim 6
Oct 3	Isa 8
Oct 10	Isa 20
Oct 17	Isa 32
Oct 24	Isa 44
Oct 31	Isa 55
Nov 7	Heb 1
Nov 14	Heb 13
Nov 21	Ecc 2
Nov 28	Lk 2
Dec 5	Lk 14
Dec 12	Hos 2
Dec 19	Hos 14
Dec 26	Rev 14

Thursday

MORNING PRAYER PART TWO

Jan 4	Jn 7
Jan 11	Jn 19
Jan 18	Gen 10
Jan 25	Gen 22
Feb 1	Gen 34
Feb 8	Gen 46
Feb 15	Rom 8
Feb 22	Ex 4
Mar 1	Ex 16
Mar 8	Ex 28
Mar 15	Ex 40
Mar 22	Acts 12
Mar 29	Acts 24
Apr 5	Deut 8
Apr 12	Deut 20
Apr 19	Deut 32
Apr 26	Mk 10
May 3	Judg 6
May 10	Judg 18
May 17	1 Cor 9
May 24	2 Cor 5
May 31	Ruth 4
Jun 7	1 Pet 2
Jun 14	2 Jn
Jun 21	1 Sam 10
Jun 28	1 Sam 22
Jul 5	2 Sam 3
Jul 12	2 Sam 15
Jul 19	Mt 3
Jul 26	Mt 15
Aug 2	Mt 27
Aug 9	1 Kings 11
Aug 16	2 Kings 1
Aug 23	2 Kings 13
Aug 30	2 Kings 25
Sep 6	Eph 6
Sep 13	Dan 4
Sep 20	1 Thess 4
Sep 27	2 Tim 2
Oct 4	Isa 10
Oct 11	Isa 22
Oct 18	Isa 34
Oct 25	Isa 46
Nov 1	Isa 57
Nov 8	Heb 3
Nov 15	Jas 2
Nov 22	Ecc 4
Nov 29	Lk 4
Dec 6	Lk 16
Dec 13	Hos 4
Dec 20	Rev 3
Dec 27	Rev 16

SCRIPTURE READING

Read the passage for this Thursday morning.
Don't rush! This is God's Word!

DWELLING

Remind yourself that you are in God's presence. Read the passage again. Notice what is good about God in this passage. Is there a specific characteristic of God on display? Spend some time praising him for his goodness.

COLLECT

Heavenly Father, in you we live and move and have our being: we humbly pray that you would so guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.

PRAY FOR PEACE IN THE WORLD

- For the Anglican Relief and Development Fund and especially their first response efforts around the world
- For countries afflicted by war, natural disasters, and oppressive governments; especially for refugees
- Pray for those who are being persecuted for their faith across the world

PRAYER LIST

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Friday

MORNING PRAYER PART TWO

SCRIPTURE READING

The words you're about to read are inspired and infallible. Now, read the passage for this Friday morning.

DWELLING

Read the passage once more. Find a word or phrase that catches your eye. Why has this idea moved you? Slowly repeat it in your mind. Pray through this idea with God, talk to him about it. Enjoy the presence of your Saviour.

COLLECT

Almighty God, whose Son our Saviour suffered pain before going up in joy, and was crucified before he entered glory: mercifully grant that we, walking in the pattern of the cross, may find it to be the way of true life and peace; through Jesus Christ our Lord. Amen.

PRAY FOR THE SPREADING OF THE GOSPEL

- For C2C church planting network and our discernment about planting a new congregation in Kanata and a Sunday evening congregation
- For our missionaries: BC, P&J, Jeremy & Kendra, Steve & Stella, Norm & Audrey, Jess & Erica.
- For Church on Wednesday on the uOttawa campus
- For Compassion Ministries and their work in Guatemala

PRAYER LIST

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Jan 5	Jn 9
Jan 12	Jn 21
Jan 19	Gen 12
Jan 26	Gen 24
Feb 2	Gen 36
Feb 9	Gen 48
Feb 16	Rom 10
Feb 23	Ex 6
Mar 2	Ex 18
Mar 9	Ex 30
Mar 16	Acts 2
Mar 23	Acts 14
Mar 30	Acts 26
Apr 6	Deut 10
Apr 13	Deut 22
Apr 20	Deut 34
Apr 27	Mk 12
May 4	Judg 8
May 11	Judg 20
May 18	1 Cor 11
May 25	2 Cor 7
Jun 1	Esth 2
Jun 8	1 Pet 4
Jun 15	Jude
Jun 22	1 Sam 12
Jun 29	1 Sam 24
Jul 6	2 Sam 5
Jul 13	2 Sam 17
Jul 20	Mt 5
Jul 27	Mt 17
Aug 3	1 Kings 1
Aug 10	1 Kings 13
Aug 17	2 Kings 3
Aug 24	2 Kings 15
Aug 31	Gal 2
Sep 7	Phil 2
Sep 14	Dan 6
Sep 21	2 Thess 1
Sep 28	2 Tim 4
Oct 5	Isa 12
Oct 12	Isa 24
Oct 19	Isa 36
Oct 26	Isa 48
Nov 2	Isa 59
Nov 9	Heb 5
Nov 16	Jas 4
Nov 23	Ecc 6
Nov 30	Lk 6
Dec 7	Lk 18
Dec 14	Hos 6
Dec 21	Rev 5-6
Dec 28	Rev 18

Saturday

MORNING PRAYER PART TWO

Jan 6	Jn 11
Jan 13	Gen 2
Jan 20	Gen 14
Jan 27	Gen 26
Feb 3	Gen 38
Feb 10	Gen 50
Feb 17	Rom 12
Feb 24	Ex 8
Mar 3	Ex 20
Mar 10	Ex 32
Mar 17	Acts 4
Mar 24	Acts 16
Mar 31	Acts 28
Apr 7	Deut 12
Apr 14	Deut 24
Apr 21	Mk 2
Apr 28	Mk 14
May 5	Judg 10
May 12	1 Cor 1
May 19	1 Cor 13
May 26	2 Cor 9
Jun 2	Esth 4
Jun 9	2 Pet 1
Jun 16	1 Sam 2
Jun 23	1 Sam 14
Jun 30	1 Sam 26
Jul 7	2 Sam 7
Jul 14	2 Sam 19
Jul 21	Mt 7
Jul 28	Mt 19
Aug 4	1 Kings 3
Aug 11	1 Kings 15
Aug 18	2 Kings 5
Aug 25	2 Kings 17
Sep 1	Gal 4
Sep 8	Phil 4
Sep 15	Dan 8
Sep 22	2 Thess 3
Sep 29	Isa 2
Oct 6	Isa 14
Oct 13	Isa 26
Oct 20	Isa 38
Oct 27	Isa 50
Nov 3	Isa 61
Nov 10	Heb 7
Nov 17	Jas 6
Nov 24	Ecc 8
Dec 1	Lk 8
Dec 8	Lk 20
Dec 15	Hos 8
Dec 22	Rev 8
Dec 29	Rev 10

SCRIPTURE READING

Ask God to speak to you as you read your passage for this Saturday morning. Don't rush! This is God's Word!

DWELLING

Slowly read the passage again, out loud. Reflect on what this passage tells you about God. Spend some time talking to God about what stood out to you.

COLLECT

O Lord, our heavenly Father, almighty and everlasting God, you have brought us safely to the beginning of this day: defend us by your mighty power, that we may neither fall into sin nor run into any danger; and that guided by your Spirit, we may do what is righteous in your sight; through Jesus Christ our Lord. Amen.

PRAY FOR CHRIST TO LEAD OUR LEADERS

- For our Leadership Team to lead our community with wisdom, discernment, faithfulness, and grace
- For the Global Anglican Future's (GAFCON) work for biblical orthodoxy and the advancement of the gospel; For our Province, The Anglican Church of North America and our Archbishop, Foley Beach; For the Anglican Network in Canada and our bishops; Charlie Masters, Trevor Walters, and Stephen Leung

PRAYER LIST

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Every Morning

MORNING PRAYER PART THREE

INTERCESSORY PRAYER

O Lord God, who makes light shine out of darkness, and who has again awakened us to praise you for your goodness and to ask for your grace: accept the offering of our worship and thanksgiving, and grant to us all such requests as may be acceptable to your holy will

Make us to live as children of the light, and heirs of your everlasting kingdom. And remember Lord, according to the vastness of your mercies, your whole Church, those who join us in prayer, and all our brothers and sisters wherever they may be who stand in need of your help:

Dwell here. Pray for people who come to mind.

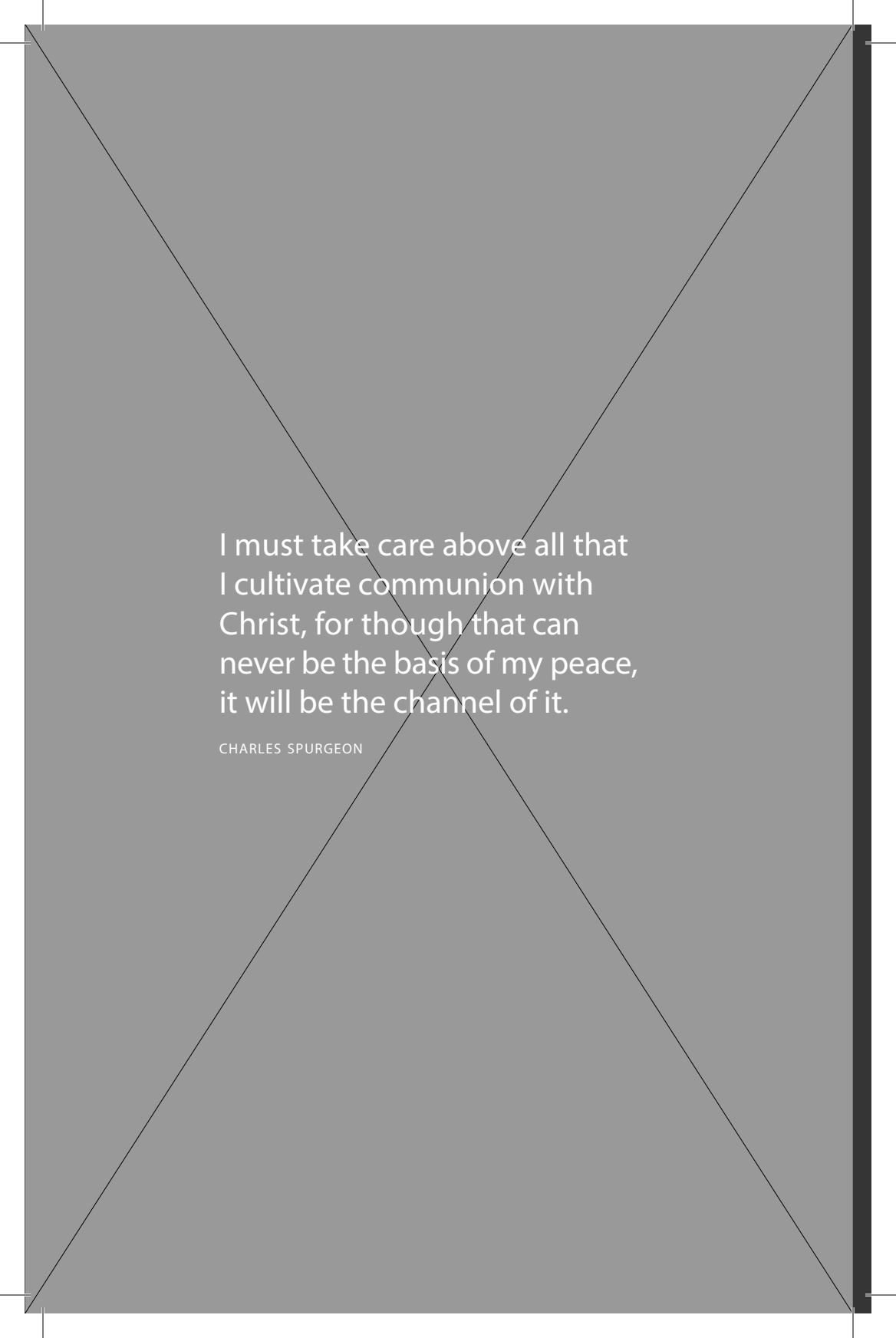
Pour down upon us all the riches of your grace, so that, redeemed in soul and body, and steadfast in faith, we may ever praise your wonderful and holy Name; through Jesus Christ our Lord.
Amen.

Quiet

God most High and Holy, Three in One,
Father, Son, and Holy Spirit:
today we offer you ourselves,
our souls and bodies, and all that we have,
to be a reasonable, holy, and living sacrifice to you,
to whom be all praise and glory.
Amen.

BENEDICTION

Lord, be gracious to us and bless us
and make your face shine upon us,
that your way may be known on earth
and your saving power among all nations.
Amen.



I must take care above all that
I cultivate communion with
Christ, for though that can
never be the basis of my peace,
it will be the channel of it.

CHARLES SPURGEON

EVENING PRAYER



Every Evening

EVENING PRAYER PART ONE

INVITATION

"You make known to me the path of life;
in your presence there is fullness of joy."

Psalm 16.11

Quiet

As our evening prayer rises before you, O God,
so may your mercy come down upon us to cleanse our
hearts and set us free to sing your praise now and for ever.

CONFESSION

Almighty Father, Lord of heaven and earth, we confess that
we have sinned against you in thought, word, and deed, in
what we have done and what we have left undone. O Lord,
have mercy upon us out of your great goodness; according
to the vastness of your mercy do away our offences and
heal us from our brokenness; wash us thoroughly from our
wickedness and cleanse us from our sins; for Jesus Christ's sake.

PARDON THROUGH THE CROSS

Almighty Father, in your great love you gave your dearly beloved
Son to die for us: grant that through his cross our sins may be put
away, and remembered no more against us, and that, cleansed
by his blood, and mindful of his sufferings, we may take up our
cross daily, and follow him in newness of life, until we come to his
everlasting kingdom; through your Son Jesus Christ our Lord.
Amen.

EVENING COLLECT

O Lord, who has pity for all our weakness: put away from us worry
and every anxious fear, that, having ended the labours of the
day as in your sight, and committing our tasks, ourselves, and
all we love into your keeping, we may, now that night has come,
receive your priceless gift of sleep; through Jesus Christ our Lord.
Amen.

Monday

EVENING PRAYER PART TWO

SCRIPTURE READING

Read your passage for this Monday evening.
As the sun has set, remember that God's
"word is a lamp for my feet."

Psalm 119.105

DWELLING

Read your passage again, out loud. Read it slowly.
How has God's Word moved you? Reflect on what
this passage tells you about God. Spend some time
talking to God about what stood out to you.

COLLECT

Lighten our darkness, we ask you O Lord; and by your great
mercy defend us from all perils and dangers of this night,
for the love of your only Son, our Saviour Jesus Christ.
Amen.

GIVE THANKS

"Fix your thoughts on what is true, and honourable, and
right, and pure, and lovely, and admirable. Think about things
that are excellent and worthy of praise."

Philippians 4.8

Take St. Paul's instruction to heart and reflect upon your
day. Have you seen any prayer answered? A conflict
resolved? The Spirit working? Sincere love in a friendship?
Demonstrations of mercy? Anything worthy of praise?

Slow down, reflect, and take time to thank God
for the good you've seen in your day.

Jan 1	Jn 2
Jan 8	Jn 14
Jan 15	Gen 5
Jan 22	Gen 17
Jan 29	Gen 29
Feb 5	Gen 41
Feb 12	Rom 3
Feb 19	Rom 15
Feb 26	Ex 11
Mar 5	Ex 23
Mar 12	Ex 35
Mar 19	Acts 7
Mar 26	Acts 19
Apr 2	Deut 3
Apr 9	Deut 15
Apr 16	Deut 27
Apr 23	Mk 5
Apr 30	Judg 1
May 7	Judg 13
May 14	1 Cor 4
May 21	1 Cor 16
May 28	2 Cor 12
Jun 4	Esth 7
Jun 11	1 Jn 1
Jun 18	1 Sam 5
Jun 25	1 Sam 17
Jul 2	1 Sam 29
Jul 9	2 Sam 10
Jul 16	2 Sam 22
Jul 23	Mt 10
Jul 30	Mt 22
Aug 6	1 Kings 6
Aug 13	1 Kings 18
Aug 20	2 Kings 8
Aug 27	2 Kings 20
Sep 3	Eph 1
Sep 10	Col 3
Sep 17	Dan 11
Sep 24	1 Tim 3
Oct 1	Isa 5
Oct 8	Isa 17
Oct 15	Isa 29
Oct 22	Isa 41
Oct 29	Isa 53
Nov 5	Isa 64
Nov 12	Heb 10
Nov 19	Titus 3
Nov 26	Ecc 11
Dec 3	Lk 11
Dec 10	Lk 23
Dec 17	Hos 11
Dec 24	Rev 11

Tuesday

EVENING PRAYER PART TWO

Jan 2 Jn 4
Jan 9 Jn 16
Jan 16 Gen 7
Jan 23 Gen 19
Jan 30 Gen 31
Feb 6 Gen 43
Feb 13 Rom 5
Feb 20 Ex 1
Feb 27 Ex 13
Mar 6 Ex 25
Mar 13 Ex 37
Mar 20 Acts 9
Mar 27 Acts 21
Apr 3 Deut 5
Apr 10 Deut 17
Apr 17 Deut 29
Apr 24 Mk 7
May 1 Judg 3
May 8 Judg 15
May 15 1 Cor 6
May 22 2 Cor 2
May 29 Ruth 1
Jun 5 Esth 9
Jun 12 1 Jn 3
Jun 19 1 Sam 7
Jun 26 1 Sam 19
Jul 3 1 Sam 31
Jul 10 2 Sam 12
Jul 17 2 Sam 24
Jul 24 Mt 12
Jul 31 Mt 24
Aug 7 1 Kings 8
Aug 14 1 Kings 20
Aug 21 2 Kings 10
Aug 28 2 Kings 22
Sept 4 Eph 3
Sept 11 Dan 1
Sept 18 1 Thess 1
Sept 25 1 Tim 5
Oct 2 Isa 7
Oct 9 Isa 19
Oct 16 Isa 31
Oct 23 Isa 43
Oct 30 Isa 54
Nov 6 Isa 66
Nov 13 Heb 12
Nov 20 Ecc 1
Nov 27 Lk 1
Dec 4 Lk 13
Dec 11 Hos 1
Dec 18 Hos 13
Dec 25 Rev 13

SCRIPTURE READING

Read the passage for this Tuesday evening. As the day has now past, find your peace in God's Word.

DWELLING

Read the passage once again. Find a word or phrase that catches your eye. Why has this idea moved you? Slowly repeat it in your mind. Pray through this idea with God, talk to him about it. Enjoy the presence of your Saviour.

Quiet

COLLECT

Look down, Lord, from your heavenly throne, and illuminate the darkness of this night with your celestial brightness; and from the children of light banish the deeds of darkness, through Christ Jesus our Lord. Amen.

GIVE THANKS

"Remember your leaders who taught you the word of God. Think of all the good that has come from their lives, and follow the example of their faith."

Hebrews 13.7

Thank God for our many leaders: Our archbishop and bishops, our rector and staff, our interns, all who lead Messiah ministries, home groups and Sunday School; our Council.

Thank God for Gary Graber and all who lead Ryle Seminary.

Thank God for leaders, past and present, who have personally invested in your life and made a lasting impact upon your growth in Christ.

Wednesday

EVENING PRAYER PART TWO

SCRIPTURE READING

Ask God to send his Spirit to bring his Word to life in your soul. Now, read the passage for this Wednesday evening.

DWELLING

Remind yourself that you are in God's presence. Read the passage again. Notice what is good about God in this passage. Is there a specific characteristic of God on display? Spend some time praising him for his goodness.

Quiet

COLLECT

O Lord, you have supported us all the day long of this troublous life; now, as the shadows lengthen and the evening comes, grant us safe lodging. As the busy world is hushed, the fever of life is over, and our work concludes, bring us a holy rest and peace at last; through Jesus Christ our Lord. Amen.

GIVE THANKS

"Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."

1 Thessalonians 5.16-18

No matter how your day has gone — up or down, bad or great — God's desire is for us to be thankful. Even if we don't feel gratitude, we can still give thanks, which in turn may cultivate gratitude in our hearts.

What are five things you can thank God for today?

Jan 3	Jn 6
Jan 10	Jn 18
Jan 17	Gen 9
Jan 24	Gen 21
Jan 31	Gen 33
Feb 7	Gen 45
Feb 14	Rom 7
Feb 21	Ex 3
Feb 28	Ex 15
Mar 7	Ex 27
Mar 14	Ex 39
Mar 21	Acts 11
Mar 28	Acts 23
Apr 4	Deut 7
Apr 11	Deut 19
Apr 18	Deut 31
Apr 25	Mk 9
May 2	Judg 5
May 9	Judg 17
May 16	1 Cor 8
May 23	2 Cor 4
May 30	Ruth 3
Jun 6	1 Pet 1
Jun 13	1 Jn 5
Jun 20	1 Sam 9
Jun 27	1 Sam 21
Jul 4	2 Sam 2
Jul 11	2 Sam 14
Jul 18	Mt 2
Jul 25	Mt 14
Aug 1	Mt 26
Aug 8	1 Kings 10
Aug 15	1 Kings 22
Aug 22	2 Kings 12
Aug 29	2 Kings 24
Sep 5	Eph 5
Sep 12	Dan 3
Sep 19	1 Thess 3
Sep 26	2 Tim 1
Oct 3	Isa 9
Oct 10	Isa 21
Oct 17	Isa 33
Oct 24	Isa 45
Oct 31	Isa 56
Nov 7	Heb 2
Nov 14	Jas 1
Nov 21	Ecc 3
Nov 28	Lk 3
Dec 5	Lk 15
Dec 12	Hos 3
Dec 19	Rev 1-2
Dec 26	Rev 15

Thursday

EVENING PRAYER PART TWO

Jan 4 Jn 8
Jan 11 Jn 20
Jan 18 Gen 11
Jan 25 Gen 23
Feb 1 Gen 35
Feb 8 Gen 47
Feb 15 Rom 9
Feb 22 Ex 5
Mar 1 Ex 17
Mar 8 Ex 29
Mar 15 Acts 1
Mar 22 Acts 13
Mar 29 Acts 25
Apr 5 Deut 9
Apr 12 Deut 21
Apr 19 Deut 33
Apr 26 Mk 11
May 3 Judg 7
May 10 Judg 19
May 17 1 Cor 10
May 24 2 Cor 6
May 31 Esth 1
Jun 7 1 Pet 3
Jun 14 3 Jn
Jun 21 1 Sam 11
Jun 28 1 Sam 23
Jul 5 2 Sam 4
Jul 12 2 Sam 16
Jul 19 Mt 4
Jul 26 Mt 16
Aug 2 Mt 28
Aug 9 1 Kings 12
Aug 16 2 Kings 2
Aug 23 2 Kings 14
Aug 30 Gal 1
Sep 6 Phil 1
Sep 13 Dan 5
Sep 20 1 Thess 5
Sep 27 2 Tim 3
Oct 4 Isa 11
Oct 11 Isa 23
Oct 18 Isa 35
Oct 25 Isa 47
Nov 1 Isa 58
Nov 8 Heb 4
Nov 15 Jas 3
Nov 22 Ecc 5
Nov 29 Lk 5
Dec 6 Lk 17
Dec 13 Hos 5
Dec 20 Rev 4
Dec 27 Rev 17

SCRIPTURE READING

Read the passage for this Thursday evening.
Ask God to change you with his Word.

DWELLING

Read your passage again, perhaps out loud. Hear the Word of God. How has God's Word moved you? Reflect and meditate on what has connected with your heart and mind. Pray to God about what has moved you today. Turn your thoughts to him and enjoy his presence.

Quiet

COLLECT

Almighty God, whose loving hand gives us all that we possess: grant us grace, as this day concludes, that we may increasingly desire to honour you with all our substance, and remembering the account which we must one day give, guide us to be faithful stewards of the resources and bounty with which we have been entrusted; through Christ Jesus, we pray.
Amen.

GIVE THANKS

"It is good to give thanks to the Lord ... O Lord, what great works you do!"

Psalm 91.1-5

Thank God for the organizations we partner with: Anglican Network in Canada, Anglican Church in North America, the Gospel Coalition Canada, C2C Network, Compassion Guatemala, Dig and Delve Apologetics Conference, Operation Mobilization, SIM Angola, Interserve, Wycliffe Associates, church planting in Jerusalem.

Thank God for organizations you partner with, whose work resonates with your personal convictions.

Friday

EVENING PRAYER PART TWO

SCRIPTURE READING

Read the passage for this Friday evening.
Don't rush! This is God's Word!

DWELLING

Leisurely read the passage again. Is there a word or idea that stuck with you? Give it your attention. Is there something about this word or idea that you'd like to ask God about? Take a moment to rest in God's presence.

Quiet

COLLECT

Be present, merciful God, and protect us through the silent hours of this night, so that we who are wearied by the changes and chances of this fleeting world, may find repose in your eternal changelessness; through Jesus Christ our Lord. Amen.

GIVE THANKS

"You have turned for me my mourning into dancing; you have loosed my sackcloth and clothed me with gladness, that my glory may sing your praise and not be silent. O Lord my God, I will give thanks to you forever!"

Psalm 30.11-12

Thankfulness doesn't always come easily, especially if we're in a season of grief or mourning. Spend time reflecting on areas of hopelessness, struggle, hurt or frustration in your life. Ask God to grant you a willing and thankful spirit, that you may give thanks to him like the Psalmist.

Jan 5	Jn 10
Jan 12	Gen 1
Jan 19	Gen 13
Jan 26	Gen 25
Feb 2	Gen 37
Feb 9	Gen 49
Feb 16	Rom 11
Feb 23	Ex 7
Mar 2	Ex 19
Mar 9	Ex 31
Mar 16	Acts 3
Mar 23	Acts 15
Mar 30	Acts 27
Apr 6	Deut 11
Apr 13	Deut 23
Apr 20	Mk 1
Apr 27	Mk 13
May 4	Judg 9
May 11	Judg 21
May 18	1 Cor 12
May 25	2 Cor 8
Jun 1	Esth 3
Jun 8	1 Pet 5
Jun 15	1 Sam 1
Jun 22	1 Sam 13
Jun 29	1 Sam 25
Jul 6	2 Sam 6
Jul 13	2 Sam 18
Jul 20	Mt 6
Jul 27	Mt 18
Aug 3	1 Kings 2
Aug 10	1 Kings 14
Aug 17	2 Kings 4
Aug 24	2 Kings 16
Aug 31	Gal 3
Sep 7	Phil 3
Sep 14	Dan 7
Sep 21	2 Thess 2
Sep 28	Isa 1
Oct 5	Isa 13
Oct 12	Isa 25
Oct 19	Isa 37
Oct 26	Isa 49
Nov 2	Isa 60
Nov 9	Heb 6
Nov 16	Jas 5
Nov 23	Ecc 7
Nov 30	Lk 7
Dec 7	Lk 19
Dec 14	Hos 7
Dec 21	Rev 7
Dec 28	Rev 19

Saturday

EVENING PRAYER PART TWO

Jan 6 Jn 12
Jan 13 Gen 3
Jan 20 Gen 15
Jan 27 Gen 27
Feb 3 Gen 39
Feb 10 Rom 1
Feb 17 Rom 13
Feb 24 Ex 9
Mar 3 Ex 21
Mar 10 Ex 33
Mar 17 Acts 5
Mar 24 Acts 17
Mar 31 Deut 1
Apr 7 Deut 13
Apr 14 Deut 25
Apr 21 Mk 3
Apr 28 Mk 15
May 5 Judg 11
May 12 1 Cor 2
May 19 1 Cor 14
May 26 2 Cor 10
Jun 2 Esth 5
Jun 9 2 Pet 2
Jun 16 1 Sam 3
Jun 23 1 Sam 15
Jun 30 1 Sam 27
Jul 7 2 Sam 8
Jul 14 2 Sam 20
Jul 21 Mt 8
Jul 28 Mt 20
Aug 4 1 Kings 4
Aug 11 1 Kings 16
Aug 18 2 Kings 6
Aug 25 2 Kings 18
Sep 1 Gal 5
Sep 8 Col 1
Sep 15 Dan 9
Sep 22 1 Tim 1
Sep 29 Isa 3
Oct 6 Isa 15
Oct 13 Isa 27
Oct 20 Isa 39
Oct 27 Isa 51
Nov 3 Isa 62
Nov 10 Heb 8
Nov 17 Titus 1
Nov 24 Ecc 9
Dec 1 Lk 9
Dec 8 Lk 21
Dec 15 Hos 9
Dec 22 Rev 9
Dec 29 Rev 21

SCRIPTURE READING

Read the passage for this Saturday evening.
Let the Word of God refresh your mind.

DWELLING

Read the passage again, out loud. Read it slowly.
How has God's Word moved you? Reflect on what
this passage tells you about God. Spend some time
talking to God about what stood out to you.

Quiet

COLLECT

Visit this place, we ask of you Lord, and drive from it
all the snares of the enemy; let your holy angels dwell
herein to preserve us in peace; and may your blessing
be upon us evermore; through Jesus Christ our Lord.
Amen.

GIVE THANKS

"Give thanks to the Lord, for he is good; his love endures
forever. Let the redeemed of the Lord tell their story."

Psalm 107.1-2

The past is an opportunity for thankfulness as much as
the present. Sometimes we need to step back and look
at the big picture.

Take time to recall your life story and thank God for the
times He has shown you his goodness, redeemed you,
and demonstrated his steadfast love. Similarly, thank God
for what he is doing in the stories of those around you.

Every Evening

EVENING PRAYER PART THREE

PRAYER OF THANKSGIVING

Almighty God, Father of all mercies, we your unworthy servants give you most humble and sincere thanks for all your goodness and loving-kindness to us and to all people; we bless you for our creation, preservation, and all the blessings of this life; but above all for your inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory

Give us that due sense of all your mercies, that our hearts may be always thankful, and that we may show forth your praise, not only with our lips, but in our lives; by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be all honour and glory, world without end.

Quiet

We will lay us down in peace and take our rest; for it is you, Lord, only, that makes us dwell in safety. You, O Lord, are in the midst of us, and we are called by your name. Leave us not, O Lord our God. Preserve us, O Lord, waking, and guard us sleeping, that awake we may watch with Christ, and asleep we may rest in peace.

DOXOLOGY (SUNG)

Praise God from whom all blessings flow
Praise him all creatures here below
Praise him above ye heavenly hosts
Praise Father, Son and Holy Ghost
Amen.

BENEDICTION

The Lord grant us a quiet night, and at the last a perfect end; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with us this night, and forevermore. Amen.

We have partnered with a few gospel-focused organizations and part of our commitment is to pray regularly for them. We encourage you to visit their sites to learn more about their work and how you can pray specifically for them:

DENOMINATIONAL

GLOBAL ANGLICAN FUTURE (GAFCON)

GAFCON.ORG

ANGLICAN CHURCH IN NORTH AMERICA ANGLICANCHURCH.NET

ANGLICAN NETWORK IN CANADA ANGLICANNETWORK.CA

ANGLICAN RELIEF & DEVELOPMENT FUND

ARDF.ORG

LOCAL + GLOBAL WORK

COMPASSION GUATEMALA

COMPASSION.CA

THE GOSPEL COALITION CANADA

CA.THEGOSPELCOALITION.ORG

DIG AND DELVE

DIGANDELVE.CA

RYLE SEMINARY

RYLESEMINARY.CA

CHURCH PLANTING PARTNERSHIPS

JOURNEY TO JERUSALEM - JESS CANTELON

CMJCANADA.CA

C2C NETWORK

C2CNETWORK.CA

People struggle to read Scripture, let alone to make it through the entire Bible year after year. In light of this struggle, we decided to create a reading plan that is attainable: one chapter in the morning, and one chapter in the evening. We also decided to rotate back and forth between Old Testament and New Testament books in their entirety because it's important to comprehend a book's narrative and purpose. Because of these two aims, it is not possible to cover every single book of the Bible in a single year.

We selected the broadest range of genres which cover the overarching story of Scripture. While you will read through the entire New Testament, you will not cover all of the Old Testament. Below is the list of books that have been omitted. Since these books are equally important and inspired, we encourage you to periodically set aside time throughout the year to read them as well. Many can be read in a single sitting, while some may require more time. Alternatively, you can read an additional chapter per day (roughly) to complete the omitted 382 chapters of the Old Testament:

- | | |
|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> Leviticus | <input type="checkbox"/> Numbers |
| <input type="checkbox"/> 1 Chronicles | <input type="checkbox"/> 2 Chronicles |
| <input type="checkbox"/> Ezra | <input type="checkbox"/> Nehemiah |
| <input type="checkbox"/> Job | <input type="checkbox"/> Proverbs |
| <input type="checkbox"/> Song | <input type="checkbox"/> Jeremiah |
| <input type="checkbox"/> Lamentations | <input type="checkbox"/> Ezekiel |
| <input type="checkbox"/> Joel | <input type="checkbox"/> Amos |
| <input type="checkbox"/> Jonah | <input type="checkbox"/> Micah |
| <input type="checkbox"/> Nahum | <input type="checkbox"/> Habakkuk |
| <input type="checkbox"/> Zephaniah | <input type="checkbox"/> Haggai |
| <input type="checkbox"/> Zechariah | <input type="checkbox"/> Malachi |

We also recommend THEBIBLEPROJECT.ORG and their podcast as an excellent resource.

CHURCH OF THE MESSIAH

MESSIAHCHURCH.CA